# fresh ZEN ONE JAR, SO MANY POSSIBILITIES

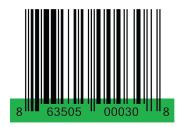


Serving size 1 oz	
Amount Per Serving	
Calories	11
% D	aily Valu
Total Fat 7.7g	10 9
Saturated Fat 0.8g	4 9
Cholesterol 0mg	0 9
Sodium 134mg	6 9
Total Carbohydrate 2g	19
Dietary Fiber 0.3g	1%
Total Sugars 0.4g	
Protein 0.3g	
Vitamin D	09
Calcium	19
Iron	29

### **Ginger Scallion Classic**

Ingredients:

Ginger, Scallion, Sunflower Oil, Salt, Rice Wine Vinegar



Case pack: 12/ 6.3 oz jars per case



Serving size 1 oz Amount Per Serving	
Calories	77
%	Daily Value
Total Fat 7.7g	10 9
Saturated Fat 0.8g	49
Cholesterol 0mg	09
Sodium 134mg	69
Total Carbohydrate 2g	19
Dietary Fiber 0.4g	1%
Total Sugars 0.4g	
Protein 0.3g	
Vitamin D	09
Calcium	19
Iron Potassium	29 19

# **Ginger Scallion with Roasted Garlic**

Ingredients:

Ginger, Scallion, Sunflower Oil, Garlic, Salt, Rice Wine Vinegar



Case pack: 12/6.3 oz jars per case



<u>Nutrition Fac</u>	cts
14 servings per container Serving size 1 Tbsp	(15g)
Amount Per Serving  Calories	80
% Da	ily Valu
Total Fat 7g	9 9
Saturated Fat 1g	5 9
Trans Fat 0g	
Cholesterol 0mg	0 9
Sodium 210mg	9 9
Total Carbohydrate 3g	19
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	09
Calcium 7mg	09
Iron 0mg	09
Potassium 54mg	29

#### **Chilli Garlic**

Ingredients:

Red Onion, Sunflower Oil, Ginger, Garlic, Tomato Paste, Crushed Red Chilli Pepper, Thai Chilli, Rice Wine Vinegar, Cane Sugar, Salt



Case pack: 12/ 6.9 oz jars per case

LS

LOW SODIUM GF

GLUTEN FREE INGREDIENTS



NO MSG



KETO FRIENDLY LOW CARB





### ASIAN PESTOS AND SAUCES



## MAKE HEALTHY FOODS TASTE GREAT

GREAT FOR NOODLES, SOUPS, POULTRY, SEAFOOD, AND MEAT

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Ruby Chan is the founder of FreshZen Foods. FreshZen Foods makes Asian inspired, premium, ready-to-eat, plant-based, keto friendly sauces in Dorchester, MA. FreshZen's products offer convenience to healthy eaters who want great taste and bold flavors.











