

# fresh ZEN ONE JAR, SO MANY POSSIBILITIES



Nutrition Facts	
Serving size	1 oz
Amount Per Serving	
<b>Calories</b>	<b>77</b>
	% Daily Value*
<b>Total Fat</b> 7.7g	<b>10 %</b>
Saturated Fat 0.8g	4 %
<b>Cholesterol</b> 0mg	<b>0 %</b>
<b>Sodium</b> 134mg	<b>6 %</b>
<b>Total Carbohydrate</b> 2g	<b>1 %</b>
Dietary Fiber 0.3g	1%
Total Sugars 0.4g	
<b>Protein</b> 0.3g	
Vitamin D	0%
Calcium	1%
Iron	2%
Potassium	1%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ginger Scallion Classic

### Ingredients:

*Ginger, Scallion, Sunflower Oil, Salt, Rice Wine Vinegar*



Case pack:  
12/ 6.3 oz jars per case



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## Ginger Scallion with Roasted Garlic

### Ingredients:

*Ginger, Scallion, Sunflower Oil, Garlic, Salt, Rice Wine Vinegar*



Case pack:  
12/ 6.3 oz jars per case



Nutrition Facts	
14 servings per container	
Serving size	1 Tbsp (15g)
Amount Per Serving	
<b>Calories</b>	<b>80</b>
	% Daily Value*
<b>Total Fat</b> 7g	<b>9 %</b>
Saturated Fat 1g	5 %
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0 %</b>
<b>Sodium</b> 210mg	<b>9 %</b>
<b>Total Carbohydrate</b> 3g	<b>1 %</b>
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 0mg	0%
Potassium 54mg	2%

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## Chilli Garlic

### Ingredients:

*Red Onion, Sunflower Oil, Ginger, Garlic, Tomato Paste, Crushed Red Chilli Pepper, Thai Chilli, Rice Wine Vinegar, Cane Sugar, Salt*



Case pack:  
12/ 6.9 oz jars per case



LOW SODIUM



GLUTEN FREE INGREDIENTS



NO MSG



KETO FRIENDLY LOW CARB



VEGAN

# fresh ZEN

## ASIAN PESTOS AND SAUCES



## MAKE HEALTHY FOODS TASTE GREAT

GREAT FOR NOODLES, SOUPS, POULTRY, SEAFOOD, AND MEAT

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Ruby Chan is the founder of FreshZen Foods. FreshZen Foods makes Asian inspired, premium, ready-to-eat, plant-based, keto friendly sauces in Dorchester, MA. FreshZen's products offer convenience to healthy eaters who want great taste and bold flavors.



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